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— Miguel Ruiz Jr., Living a Life of Awareness: Daily Meditations on the Toltec Path “Staying Strong in Times of Adversity Over the course of our lives, situations will arise that can sometimes seem insurmountable.

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Living a Life of Awareness: Daily Meditations on the ...

With awareness, remember today that the Authentic Self is the living being that gives life to your body, enabling you to perceive and project life and interact with the Dream of the Planet. It is the energy that moves you. It is pure, unlimited potential. You are the Authentic Self. The Dream of the Planet Starts with You

Living a Life of Awareness & Acceptance | Omega

Living a life of awareness comes from knowing how to use this force of energy, how to manifest or not manifest, and whether we are going to apply conditional or unconditional love to do so.

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Awareness, says Osho, is the key to being self-directed, centered, and free in every aspect of our lives. In this book, Osho teaches how to live life more attentively, mindfully, and meditatively, with love, caring and consciousness.

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Drawing on years of apprenticeship under his father and grandmother, don Miguel Ruiz Jr. shares Toltec lessons on Love, Faith, Agreements, and most importantly: Awareness. The purpose of each meditation is to guide readers into a deeper understanding of his or her self,...

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